

Orange County Parent Wellness Program (OCPWP)

714-480-5160

<http://ochealthinfo.com/bhs/about/pi/early/ppw>

Provides an array of mental health services to women who are at least five months pregnant and new mothers up to one year after childbirth.

Low Cost Psychotherapy/ Counseling

Melinda Hoag Smith Center for Healthy Living

949-764-6542 | www.hoag.org/mental-health

Affordable for individual, family and couples counseling. Client fees are based on a low sliding scale. No one will be turned away due to lack of funding.

General Adult Psychiatrists

Some of these physicians may have additional training in Child Psychiatry, Addiction Psychiatry, Geriatric Psychiatry, Forensic Psychiatry or Hospital Psychiatry (Psychosomatic Medicine). Services may include medication management and/or psychotherapy (also known as counseling)

ORANGE COUNTY

COSTA MESA

South Coast Psychiatry (Concierge Psychiatry)

714-556-5004

950 South Coast Drive, Suite 235, Costa Mesa, CA 92626

www.southcoastpsychiatry.com

FULLERTON

Hina Sidhu, MD

714-905-5542

1400 N Harbor Blvd., Suite 540, Fullerton, CA 92835

IRVINE

Yuhuan Choy, MD

Provides Medication Management and Cognitive Behavioral Therapy

949-216-8962

4199 Campus Dr., Suite 550, Irvine, CA 92612

Roula Creighton, MD

General Psychiatrist

949-271-9533

4199 Campus Dr., Suite 550, Irvine, CA 92612

LAGUNA BEACH

Michael Bolton, MD

949-939-5139

330 Park Ave., Suite 7, Laguna Beach, CA 92651

LAGUNA HILLS

Chip Stone, MD*

949-42-HELPS | info@drchipstone.com

23046 Avenida De La Carlota, Laguna Hills, CA 92653

LAGUNA NIGUEL

Laguna Behavioral*

949-367-1200 | Outpatient Behavioral Health

28281 Crown Valley Pkwy., Suite 140, Laguna Niguel, CA 92677

Does not provide medication management, only psychotherapy, to pregnant patients.

Southern California Psychiatric Associates*

Richard Granese, MD | 949-489-5564

30101 Town Center Dr., Suite 113, Laguna Niguel, CA 92677

MISSION VIEJO

Orange Coast Psychiatric Associates*

Scott Ipirescu, MD | 949-446-1036
27401 Los Alots, Suite 310, Mission Viejo, CA 92691

NEWPORT BEACH

Harbor Psychiatry & Mental Health*

Dr. Gisoo Zarrabi | 949-887-7187
Newport Beach, CA 92660

Sydea Medical Practices, Inc.*

Venice Sanchez, MD | 949-281-6149
20311 S.W. Birch St., Suite 100, Newport Beach, CA 92660

Ryan Wright, MD*

949-337-1389
20311 S.W. Birch St., Suite 100, Newport Beach, CA 92660

Simone Litsch, MD*

925-202-4176
120 Newport Center Dr., Newport Beach, CA 92660

Jianpeng Wang, MD

714-248-0470
(Speaks Mandarin)

Dan Tzuang, MD

949-725-2205
(Speaks Mandarin)

Mind Health Institute

Offices in Newport Beach, Mission Viejo, Laguna Beach
and Los Angeles
949-891-0307 | www.mhi-nb.com
450 Newport Center Dr., Suite 380, Newport Beach, CA 92660

Anthony Mascola, MD

949-536-9850
4667 MacArthur Blvd., Suite 320, Newport Beach, California 92660

Leela Magavi, MD

844-423-3930
Accepts most insurance, including managed MediCal

Sina Safanieh, MD

Adult, Child and Adolescent Psychiatry

949-216-3135

1001 Dove St., Suite 280, Newport Beach, CA 92660

Lesley A. MacArthur, MD

Adult, Child and Adolescent Psychiatry

949-381-5116

1001 Dove St., Suite 275, Newport Beach, CA 92660

OC Psychiatric Therapy

Gail Raphael, MD | 949-245-6698

15 Corporate Plaza, Suite 100, Newport Beach, CA 92660

Lawrence V. Tucker, MD, PLLC

949-257-4217

4000 MacArthur Blvd., Suite 600, E. Tower, Newport Beach, CA 92660

Dan Ar Tzuang, MD

949-229-8565

1101 Dove St., Suite 155, Newport Beach, CA 92660

TUSTIN

Southern California Psychiatric Associates*

Richard Granese, MD | 949-489-5564

14351 Red Hill Ave., Suite C, Tustin, CA 92780

Kenneth Sokolski, MD*

949-863-1943 | www.ocpsychiatrist.net | Blue Shield Blue Cross

OCPAM (Orange County Psychiatry and Addiction Medicine)*

949-515-7300 | Takes adults currently enrolled in a treatment facility.

YORBA LINDA

Center For Behavior Medicine*

Jianpeng Wang, MD | 714-248-0470

17451 Bastanchury Rd., Suite 201, Yorba Linda, CA 92886

Speaks Mandarin

LOS ANGELES

BEVERLY HILLS/ WEST LOS ANGELES

Genen Group*

310-892-4284 | <https://thegenengroup.com>

West Hollywood | Anthem Blue Cross, Blue Shield, United, Aetna,
Cigna – Not Covered California.

Julia Lam, MD*

310-826-3180 | West Los Angeles, Sawtelle

Blue Cross, Blue Shield, Aetna.

Steven Schenkel, MD*

310-659-8884

116 N. Robertson Blvd., Suite 806, Los Angeles, CA

Blue Cross PPO

Frank Tan, MD*

310-826-3180 | West Los Angeles

Blue Cross, Blue Shield, Aetna, Cigna, UBH.

SAN FERNANDO VALLEY

Marcia Daniels, MD*

818-995-7848 | 16055 Ventura Blvd., Suite 805, Encino, CA 91436

Anthem Blue Cross and Wellpoint, limited Value Options, Blue
Shield, some Healthnet plans, United Healthcare, UBH, USBH,
UC Care.

Troy Goldberg, MD*

818-256-6700 | 16055 Ventura Blvd., Suite 700, Encino, CA 91436

Blue Cross (all plans), Blue Shield (limited plans), Optum (all plans),
United Healthcare, United Behavioral Health, PacificCare.

Boghos Yerevanian, MD*

818-223-9277 | 16055 Ventura Blvd., Suite 645, Encino, CA 91436

Accepts Anthem Blue Cross and Medicare.

TORRANCE

David Ruderman, MD*

310-784-7224

22330 Hawthorne Blvd., Suite 212, Torrance, CA 90505