

Orange County Parent Wellness Program (OCPWP)

714-480-5160

<http://ochealthinfo.com/bhs/about/pi/early/ppw>

Provides an array of mental health services to women who are at least five months pregnant and new mothers up to one year after childbirth.

Low Cost Psychotherapy/ Counseling

Melinda Hoag Smith Center for Healthy Living

949-764-6542 | www.hoag.org/mental-health

Affordable for individual, family and couples counseling. Client fees are based on a low sliding scale. No one will be turned away due to lack of funding.

General Adult Psychiatrists

Some of these physicians may have additional training in Child Psychiatry, Addiction Psychiatry, Geriatric Psychiatry, Forensic Psychiatry or Hospital Psychiatry (Psychosomatic Medicine). Services may include medication management and/or psychotherapy (also known as counseling)

ORANGE COUNTY

COSTA MESA

South Coast Psychiatry (Concierge Psychiatry)

714-556-5004

950 South Coast Drive, Suite 235, Costa Mesa, CA 92626

www.southcoastpsychiatry.com