

## PATIENT CHECKLIST

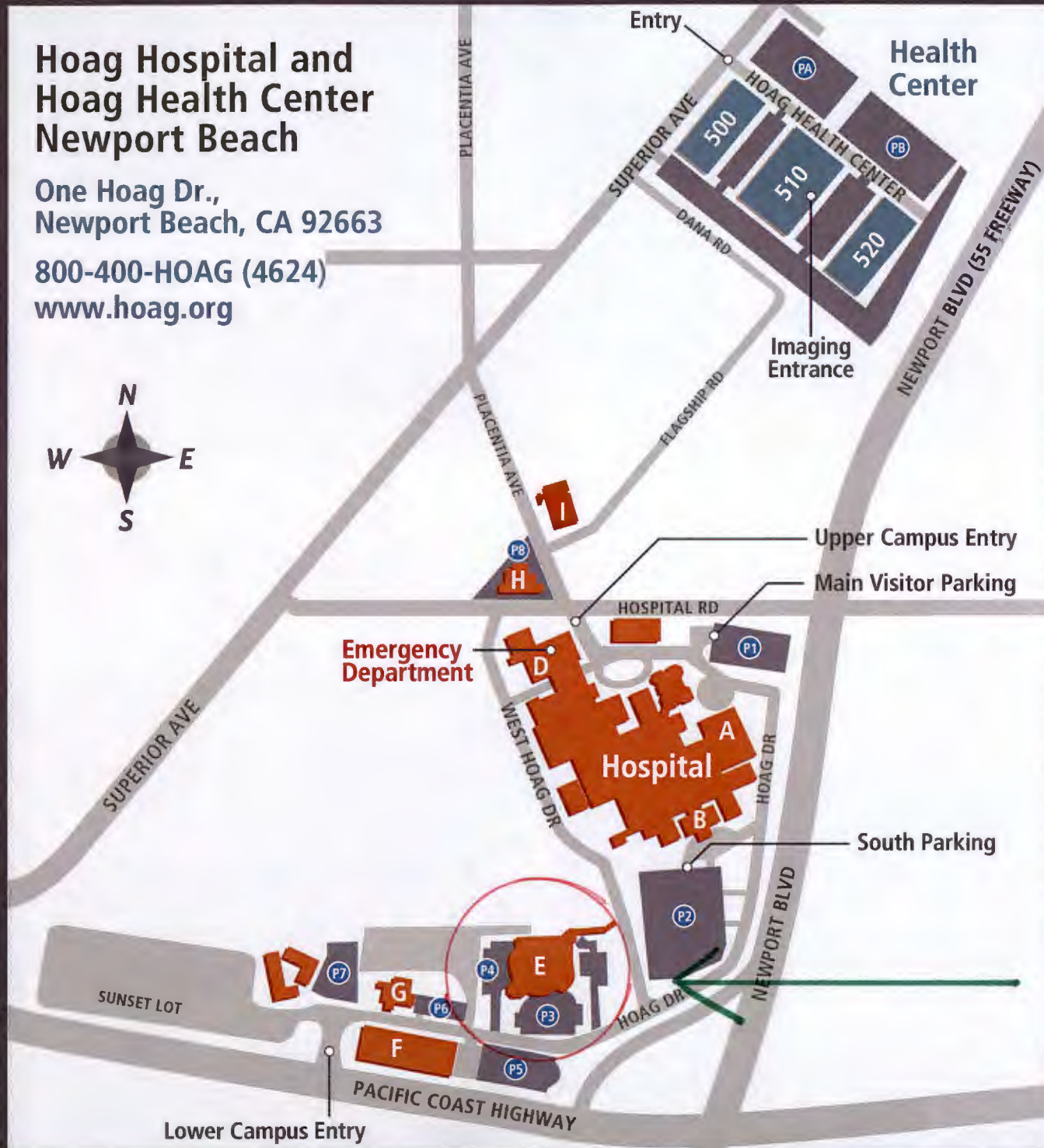
- The Hoag Cancer Center is located on the lower campus of the hospital property at One Hoag Drive, Building 41, Newport Beach, CA 92663. (Map attached.) Phone: 949-764-5528.
- Please check in at the Lower Level, 1st Floor Lobby.
- To avoid any delays in your consultation time or possible rescheduling of your appointment, please fill out all of the attached forms prior to your arrival.
- Please also bring with you a list of current medications. The list should include prescribing physician and dose.
- Should you be unable to complete the attached forms in advance of your appointment, please plan to arrive 45 minutes prior to the appointment so that the forms can be completed and your appointment can start at the scheduled time. *Please be advised that delays in preparing the required paperwork prior to the start of your scheduled appointment time may result in your appointment being rescheduled.*

# Hoag Hospital and Hoag Health Center Newport Beach

One Hoag Dr.,  
Newport Beach, CA 92663

800-400-HOAG (4624)

www.hoag.org



## Find Your Destination

### HOAG CAMPUS

Destination	Building
Advanced Technology Pavilion	G
Cancer Center	E
Conference Center	F
Emergency Department	D
Heart & Vascular Institute	B
Hospital Main Entrance	A
Neurosciences Institute	F
South Entrance	B
Women's Pavilion	A
Center For Healthy Living 307 Placentia Ave.	H
Hoag Foundation 330 Placentia Ave.	I

Main Visitor Parking	(P1)
South Visitor Parking	(P2)
Cancer Center Parking	(P3) (P4)
Conference Center Parking	(P5)
Advanced Technology Parking	(P6)
307 Placentia Parking	(P8)

### HOAG HEALTH CENTER

Destination	Building
500 Superior Ave	500
510 Superior Ave	510
520 Superior Ave	520
Parking Structure A	(PA)
Parking Structure B	(PB)

(P) Parking

## HOAG RADIATION ONCOLOGY NEW PATIENT PROCESS



### REFERRAL

Your physician will refer you to one of our Radiation Oncologists for a consultation.



### REGISTRATION

The Scheduling Coordinator will obtain all important demographic information from you and will schedule your consultation appointment. Our Scheduling Office can be reached at 949-764-5528.



### CONSULTATION

Your consultation appointment will last 1 to 2 hours. During this time, you will meet with the Radiation Oncologist and a Registered Nurse. Caregivers are welcome to attend.



### SIMULATION

This is your treatment mapping appointment. The CT scan images are used in conjunction with our treatment planning computer to complete the planning process.

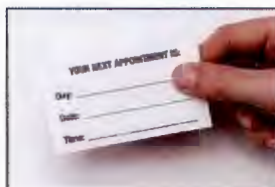
Additional nursing education may be provided at this time.



### TREATMENT

#### Verification

- . On your first day, your treatment is verified with imaging and measurements. You may receive treatment on the same day, if indicated.
- . Your radiation treatment takes place 5 days per week (Monday-Friday) with weekends off. Your treatment time can take up to 30 minutes.
- . You will have weekly visits with your radiation oncologist, a nurse and, in some cases, a dietitian.



### FOLLOW-UP APPOINTMENTS

At the completion of your course of treatment, your Radiation Oncologist will instruct you to meet with our Scheduling Coordinator to schedule your follow-up appointments. These appointments are an important part of your treatment and provide your Radiation Oncologist the opportunity to monitor your progress.

*\*Please note that the new patient process may take anywhere from 1 to 3 weeks, depending on your circumstances. Should you have any questions, please call us at 949-764-5528.*

PATIENT RECORD OF DISCLOSURES

Please provide us with a telephone number at which you may be reached during the day in case we need to contact you regarding your daily appointment(s).

I wish to be contacted in the following manner (check all that apply):

- Home Telephone: [ ] OK to leave message with detailed information [ ] Leave message with call-back number only

- Written Communication [ ] OK to mail to my work/office address: \_\_\_\_\_

- Cell Telephone: [ ] OK to leave message with detailed information [ ] Leave message with call-back number only

- [ ] OK to Email to this address: \_\_\_\_\_

- Work Telephone: [ ] OK to leave message with detailed information [ ] Leave message with call-back number only

- [ ] OK to Fax information to this number: \_\_\_\_\_

- Other: [ ] OK to leave message with detailed information [ ] Leave message with call-back number only

- [ ] Ok to Email regarding Cancer Center services or classes. Email address: \_\_\_\_\_

Optional: I authorize Hoag Hospital to discuss my treatment and care with:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Telephone: \_\_\_\_\_
Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Telephone: \_\_\_\_\_
Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Telephone: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

Print Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

\* Please notify us if any of your information changes\*

In general, the HIPAA privacy rule gives individuals the right to request a restriction on uses on disclosures of their protected health information (PHI). The individual is also provided the right to request confidential communications or that a communication of PHI be made by alternative means, such as sending correspondence to the individual's office instead of the individual's home. The Privacy Rule generally requires healthcare providers to take reasonable steps to limit the use or disclosure of, and requests for PHI to the minimum necessary to accomplish the intended purpose. These provisions do not apply to uses or disclosures made pursuant to an authorization requested by the individual. Healthcare entities must keep records of PHI disclosures.

PATIENT RECORD OF DISCLOSURES

PS 1321

Rev 05/12/15



[7900]

## INITIAL NURSING ASSESSMENT Radiation Oncology

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
 Occupation: \_\_\_\_\_ Family Present: \_\_\_\_\_  
 Diagnosis: \_\_\_\_\_ Physician referred by: \_\_\_\_\_  
 Physicians: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

### HISTORY OF PRESENT ILLNESS:

Reason for this visit: \_\_\_\_\_  
 \_\_\_\_\_

Prior radiation therapy?  No  Yes, Site treated: \_\_\_\_\_ Facility: \_\_\_\_\_  
 Prior records available?  No  Yes, \_\_\_\_\_  
 Prior chemotherapy?  No  Yes, Last treatment: \_\_\_\_\_ Facility: \_\_\_\_\_  
 Prior hormonal therapy?  No  Yes, Last treatment: \_\_\_\_\_ Facility: \_\_\_\_\_  
 Have you received the flu vaccine this year?  No  Yes, when? \_\_\_\_\_

**ALLERGIES (list medication/reaction):** \_\_\_\_\_  
 \_\_\_\_\_

### PAST MEDICAL HISTORY (please list all):

Major Medical Problems: \_\_\_\_\_  
 \_\_\_\_\_

Prior Surgeries: \_\_\_\_\_  
 \_\_\_\_\_

Family History of Cancer (relation, type): \_\_\_\_\_  
 \_\_\_\_\_

### SOCIAL HISTORY/HABITS:

Marital Status:  Single  Married  Widow  Separated  Divorced

Lives with: \_\_\_\_\_

Fluent English?  No  Yes Primary Language: \_\_\_\_\_

Interpreter Needed?  No  Yes, Interpreter: \_\_\_\_\_

Do you suffer from insomnia?  No  Yes

Do you use (require) a sleep aid?  No  Yes

Do you consume alcohol?  No  Yes, Drinks per day? \_\_\_\_\_

Quit Date: \_\_\_\_\_ Describe treatment (if any): \_\_\_\_\_

Have you used tobacco?  No  Yes, # of years? \_\_\_\_\_ Packs per day? \_\_\_\_\_

Quit Date: \_\_\_\_\_ Assistance needed to abstain?  No  Yes

Do you use recreational drugs?  No  Yes, Type: \_\_\_\_\_

### PATIENT HISTORY ASSESSMENT

#### Radiation Oncology



**REVIEW OF SYTEMS:**

<b>CONSTITUTIONAL</b> Fatigue <input type="checkbox"/> No <input type="checkbox"/> Yes Fatigue Level (1-5): _____ KPS (RN to complete): _____ Fevers <input type="checkbox"/> No <input type="checkbox"/> Yes	Night Sweats <input type="checkbox"/> No <input type="checkbox"/> Yes Weight loss <input type="checkbox"/> No <input type="checkbox"/> Yes, ____ lbs ____ months Sudden weight gain <input type="checkbox"/> No <input type="checkbox"/> Yes, ____ lbs
<b>EYES</b> Blurred vision <input type="checkbox"/> No <input type="checkbox"/> Yes Cataracts <input type="checkbox"/> No <input type="checkbox"/> Yes Glaucoma <input type="checkbox"/> No <input type="checkbox"/> Yes	Blindness <input type="checkbox"/> No <input type="checkbox"/> Yes: Right / Left / Both Require glasses <input type="checkbox"/> No <input type="checkbox"/> Yes Require contacts <input type="checkbox"/> No <input type="checkbox"/> Yes
<b>EARS, NOSE, MOUTH, THROAT</b> Hearing loss <input type="checkbox"/> No <input type="checkbox"/> Yes If yes: Right / Left / Both Hoarseness <input type="checkbox"/> No <input type="checkbox"/> Yes Difficulty swallowing <input type="checkbox"/> No <input type="checkbox"/> Yes	Hearing aid(s) <input type="checkbox"/> No <input type="checkbox"/> Yes Dentures/Partials <input type="checkbox"/> No <input type="checkbox"/> Yes: Upper / Lower / Both Dental problems <input type="checkbox"/> No <input type="checkbox"/> Yes Requires consult <input type="checkbox"/> No <input type="checkbox"/> Yes
<b>CARDIOVASCULAR/RESPIRATORY</b> Heart attack <input type="checkbox"/> No <input type="checkbox"/> Yes Stroke <input type="checkbox"/> No <input type="checkbox"/> Yes Angina <input type="checkbox"/> No <input type="checkbox"/> Yes Pacemaker/AICD <input type="checkbox"/> No <input type="checkbox"/> Yes High blood pressure <input type="checkbox"/> No <input type="checkbox"/> Yes Cough <input type="checkbox"/> No <input type="checkbox"/> Yes Asthma <input type="checkbox"/> No <input type="checkbox"/> Yes	Shortness of breath <input type="checkbox"/> No <input type="checkbox"/> Yes: Oxygen @ ____ L/min Able to lay flat <input type="checkbox"/> No <input type="checkbox"/> Yes Difficulty laying flat <input type="checkbox"/> No <input type="checkbox"/> Yes Sleep apnea <input type="checkbox"/> No <input type="checkbox"/> Yes Coughing up blood <input type="checkbox"/> No <input type="checkbox"/> Yes Emphysema/COPD <input type="checkbox"/> No <input type="checkbox"/> Yes Asbestos exposure <input type="checkbox"/> No <input type="checkbox"/> Yes
<b>GASTROINTESTINAL</b> Nausea <input type="checkbox"/> No <input type="checkbox"/> Yes Vomiting <input type="checkbox"/> No <input type="checkbox"/> Yes Constipation <input type="checkbox"/> No <input type="checkbox"/> Yes Diarrhea <input type="checkbox"/> No <input type="checkbox"/> Yes Blood in stool <input type="checkbox"/> No <input type="checkbox"/> Yes Hemorrhoids <input type="checkbox"/> No <input type="checkbox"/> Yes	Jaundice <input type="checkbox"/> No <input type="checkbox"/> Yes Liver disease <input type="checkbox"/> No <input type="checkbox"/> Yes Hiatal hernia <input type="checkbox"/> No <input type="checkbox"/> Yes Heartburn <input type="checkbox"/> No <input type="checkbox"/> Yes Ulcer <input type="checkbox"/> No <input type="checkbox"/> Yes Feeding tube <input type="checkbox"/> No <input type="checkbox"/> Yes # ____ cans of _____ per day
<b>GENITOURINARY</b> Burning with urination <input type="checkbox"/> No <input type="checkbox"/> Yes Blood in urine <input type="checkbox"/> No <input type="checkbox"/> Yes Frequent urination <input type="checkbox"/> No <input type="checkbox"/> Yes Urgency to urinate <input type="checkbox"/> No <input type="checkbox"/> Yes Urinary incontinence <input type="checkbox"/> No <input type="checkbox"/> Yes <b>Male:</b> Prostate problems <input type="checkbox"/> No <input type="checkbox"/> Yes	<b>Female:</b> Vaginal itch/discharge <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, describe: _____ Hormone replacement therapy <input type="checkbox"/> No <input type="checkbox"/> Yes, # of Years: ____ Last menstruation: _____ Menopause <input type="checkbox"/> No <input type="checkbox"/> Yes, at Age: ____ Number of pregnancies: _____ Number of live births: _____ Age at first pregnancy: _____

**PATIENT HISTORY ASSESSMENT - Radiation Oncology**

**REVIEW OF SYSTEMS (continued)****INTEGUMENTARY**

Rashes  No  Yes, Location: \_\_\_\_\_  
 Healing incisions  No  Yes, Location: \_\_\_\_\_  
 Sores/Wounds  No  Yes, Location: \_\_\_\_\_  
 New lumps/bumps  No  Yes, Location: \_\_\_\_\_  
 Swelling  No  Yes, Location: \_\_\_\_\_  
 IV Access Device  No  Yes, Type: \_\_\_\_\_  
 History of skin cancer  No  Yes, Location: \_\_\_\_\_ and Type: \_\_\_\_\_

**NEUROLOGICAL/PSYCHIATRIC**

Headaches  No  Yes      Psychiatric Disorders  No  Yes  
 Depression  No  Yes      Developmental Disorders  No  Yes  
 Dizziness  No  Yes      Seizures  No  Yes, Frequency: \_\_\_\_\_  
 Fainting  No  Yes      Numbness or Tingling  No  Yes, Location: \_\_\_\_\_  
 Confusion:  No  Yes      Memory:  Good  Fair  Poor  
 Learning Preference:  Written  Verbal  Video      Barriers:  No  Yes, Specify: \_\_\_\_\_

**ALLERGIC/IMMUNOLOGIC**

Autoimmune disorder  No  Yes, Type: \_\_\_\_\_      Seasonal allergies  No  Yes  
 Food or other allergies  No  Yes, Explain: \_\_\_\_\_

**MUSCULOSKELETAL**

Fall risk  No  Yes      Arthritis  No  Yes, Location: \_\_\_\_\_  
 Balance difficulty  No  Yes      Assistive device  No  Yes, Type: \_\_\_\_\_  
 Weakness  No  Yes      Generalized weakness  No  Yes, Site: \_\_\_\_\_  
 Paralysis  No  Yes, Location: \_\_\_\_\_

**Movement of extremities:**

Normal     Decreased in Right/Left upper extremities     Decreased in Right/Left lower extremities

Activities of Daily Living:  No limits     Needs dressing assistance     Needs meal assistance

**ENDOCRINE**

Diabetes  No  Yes  
 Insulin dependent  No  Yes  
 Thyroid disorder  No  Yes:  low  overactive

**HEMATOLOGIC**

Anemia  No  Yes  
 Bleed easily  No  Yes  
 Using blood thinning medication  No  Yes  
 Infection requiring isolation  No  Yes  
 Type (if known): \_\_\_\_\_

**PAIN**

Area of pain: \_\_\_\_\_  
 Cause of pain: \_\_\_\_\_  
 Type (describe pain): \_\_\_\_\_  
 Does the pain move (where): \_\_\_\_\_  
 Time of onset: \_\_\_\_\_ Intensity Level (0=no pain 10=worst pain): \_\_\_\_\_  
 What relieves the pain? \_\_\_\_\_

Patient has problems with:  Child care  Spiritual issues  Financial issues  Transportation

Explain: \_\_\_\_\_

Completed By: \_\_\_\_\_

Advance Directive:  Yes  No     Pamphlet given  Copy received     In Hoag System  In electronic chart

Video:  Yes  No     N/A  Other: \_\_\_\_\_

Discussed:  Supporting Services  Referrals: \_\_\_\_\_

Reviewed by RN: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

**PATIENT HISTORY ASSESSMENT - Radiation Oncology**

## OUTPATIENT INTAKE MEDICATION LIST

### Radiation Oncology

Allergies and Reactions:						
<b>Patient:</b> Please list ALL usual medications, including over-the-counter drugs (vitamins, herbals and supplements)						
Completed By: _____			Date: _____		Time: _____	
Source: _____			RN Verifying List: _____			
Medication	Dose	Route	Frequency	Reason	On Admit	
					Stop	Continue
1.					<input type="checkbox"/>	<input type="checkbox"/>
2.					<input type="checkbox"/>	<input type="checkbox"/>
3.					<input type="checkbox"/>	<input type="checkbox"/>
4.					<input type="checkbox"/>	<input type="checkbox"/>
5.					<input type="checkbox"/>	<input type="checkbox"/>
6.					<input type="checkbox"/>	<input type="checkbox"/>
7.					<input type="checkbox"/>	<input type="checkbox"/>
8.					<input type="checkbox"/>	<input type="checkbox"/>
9.					<input type="checkbox"/>	<input type="checkbox"/>
10.					<input type="checkbox"/>	<input type="checkbox"/>
11.					<input type="checkbox"/>	<input type="checkbox"/>
12.					<input type="checkbox"/>	<input type="checkbox"/>
13.					<input type="checkbox"/>	<input type="checkbox"/>
14.					<input type="checkbox"/>	<input type="checkbox"/>
15.					<input type="checkbox"/>	<input type="checkbox"/>
16.					<input type="checkbox"/>	<input type="checkbox"/>
17.					<input type="checkbox"/>	<input type="checkbox"/>
18.					<input type="checkbox"/>	<input type="checkbox"/>
19.					<input type="checkbox"/>	<input type="checkbox"/>
20.					<input type="checkbox"/>	<input type="checkbox"/>
Neoadjuvant (N) Concurrent (C)	CHEMO – Drugs	Last Course	Future Course(s)	Medical Oncologist		
RN Update: _____		Date: _____		MD Reviewed on Admit: _____		
RN Update: _____		Date: _____		Date: _____		

Page \_\_\_\_ of \_\_\_\_

## OUTPATIENT INTAKE MEDICATION LIST

### Radiation Oncology

PS 1304

Rev 09/09/10



[4014]

PATIENT LABEL





## CURRENT PHYSICIANS

Referring Doctor name: \_\_\_\_\_ Hoag Physician: Yes\_\_ No\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Primary Care Physician name: \_\_\_\_\_ Hoag Physician: Yes\_\_ No\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Medical Oncologist name: \_\_\_\_\_ Hoag Physician: Yes\_\_ No\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Surgeon Name: \_\_\_\_\_ Hoag Physician: Yes\_\_ No\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Other – Name: \_\_\_\_\_ Hoag Physician: Yes\_\_ No\_\_

Specialty or reason seeing this doctor: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

# ADVANCE HEALTH CARE DIRECTIVE

## INSTRUCTIONS

Part 1 of this form lets you name another individual as agent to make health care decisions for you if you become incapable of making your own decisions, or if you want someone else to make those decisions for you now even though you are still capable. You may also name an alternate agent to act for you if your first choice is not willing, able, or reasonably available to make decisions for you.

Your agent may not be an operator or employee of a community care facility or a residential care facility where you are receiving care, or your supervising health care provider or an employee of the health care institution where you are receiving care, unless your agent is related to you or is a coworker.

Unless you state otherwise in this form, your agent will have the right to:

1. Consent or refuse consent to any care, treatment, service, or procedure to maintain, diagnose, or otherwise affect a physical or mental condition.
2. Select or discharge health care providers and institutions.
3. Approve or disapprove diagnostic tests, surgical procedures, and programs of medication.
4. Direct the provision, withholding, or withdrawal of artificial nutrition and hydration and all other forms of health care, including cardiopulmonary resuscitation.
5. Donate organs or tissues, authorize an autopsy, and direct disposition of remains.

However, your agent will not be able to commit you to a mental health facility, or consent to convulsive treatment, psychosurgery, sterilization or abortion for you.

Part 2 of this form lets you give specific instructions about any aspect of your health care, whether or not you appoint an agent. Choices are provided for you to express your wishes regarding the provision, withholding, or withdrawal of treatment to keep you alive, as well as the provision of pain relief. You also can add to the choices you have made or write down any additional wishes. If you are satisfied to allow your agent to determine what is best for you in making end of life decisions, you need not fill out Part 2 of this form.

Give a copy of the signed and completed form to your physician, to any other health care providers you may have, to any health care institution at which you are receiving care, and to any health care agents you have named. You should talk to the person you have named as agent to make sure that he or she understands your wishes and is willing to take the responsibility.

***You have the right to revoke this advance health care directive or replace this form at any time.***

PS 1125



[1214]

Patient's Name:

MR#

**PART 1 – POWER OF ATTORNEY FOR HEALTH CARE**

**DESIGNATION OF AGENT:**

I designate the following individual as my agent to make health care decisions for me:

Name of individual you choose as agent: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_  
*(home phone)* *(work phone)* *(cell/pager)*

OPTIONAL: If I revoke my agent’s authority or if my agent is not willing, able, or reasonably available to make a health care decision for me, I designate as my first alternate agent:

Name of individual you choose as first alternate agent: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_  
*(home phone)* *(work phone)* *(cell/pager)*

OPTIONAL: If I revoke the authority of my agent and first alternate agent or if neither is willing, able, or reasonably available to make a health care decision for me, I designate as my second alternate agent:

Name of individual you choose as second alternate agent: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_  
*(home phone)* *(work phone)* *(cell/pager)*

**AGENT’S AUTHORITY:**

My agent is authorized to make all health care decisions for me, including decisions to provide, withhold, or withdraw artificial nutrition and hydration and all other forms of health care to keep me alive, except as I state here:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*(Add additional sheets if needed.)*

**WHEN AGENT'S AUTHORITY BECOMES EFFECTIVE:**

My agent's authority becomes effective when my primary physician determines that I am unable to make my own health care decisions.

\_\_\_\_\_  
*(Initial here)*

**OR**

My agent's authority to make health care decisions for me takes effect immediately.

\_\_\_\_\_  
*(Initial here)*

**AGENT'S OBLIGATION:**

My agent shall make health care decisions for me in accordance with this power of attorney for health care, any instructions I give in Part 2 of this form, and my other wishes to the extent known to my agent. To the extent my wishes are unknown, my agent shall make health care decisions for me in accordance with what my agent determines to be in my best interest. In determining my best interest, my agent shall consider my personal values to the extent known to my agent.

**AGENT'S POSTDEATH AUTHORITY:**

My agent is authorized to make anatomical gifts, authorize an autopsy and direct disposition of my remains, except as I state here or in Part 3 of this form:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*(Add additional sheets if needed.)*

**NOMINATION OF CONSERVATOR:**

If a conservator of my person needs to be appointed for me by a court, I nominate the agent designated in this form. If that agent is not willing, able or reasonably available to act as conservator, I nominate the alternate agents whom I have named, in the order designated.

**PART 2 – INSTRUCTIONS FOR HEALTH CARE**

If you fill out this part of the form, you may strike any wording you do not want.

**END OF LIFE DECISIONS:**

I direct that my health care providers and others involved in my care provide, withhold, or withdraw treatment in accordance with the choice I have marked below:

**Choice Not To Prolong Life:**

\_\_\_\_\_  
*(Initial here)*

I do not want my life to be prolonged if (1) I have an incurable and irreversible condition that will result in my death within a relatively short time, (2) I become unconscious and, to a reasonable degree of medical certainty, I will not regain consciousness, or (3) the likely risks and burdens of treatment would outweigh the expected benefits,

**OR**

**Choice To Prolong Life:**

\_\_\_\_\_  
*(Initial here)*

I want my life to be prolonged as long as possible within the limits of generally accepted health care standards.

**RELIEF FROM PAIN:**

Except as I state in the following space, I direct that treatment for alleviation of pain or discomfort be provided at all times, even if it hastens my death:

\_\_\_\_\_  
\_\_\_\_\_

*(Add additional sheets if needed.)*

**OTHER WISHES:**

(If you do not agree with any of the optional choices above and wish to write your own, or if you wish to add to the instructions you have given above, you may do so here.) I direct that:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*(Add additional sheets if needed.)*



**PART 4 – PRIMARY PHYSICIAN (OPTIONAL)**

I designate the following physician as my primary physician:

Name \_\_\_\_\_ of \_\_\_\_\_ Physician:

Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

OPTIONAL: If the physician I have designated above is not willing, able, or reasonably available to act as my primary physician, I designate the following physician as my primary physician:

Name \_\_\_\_\_ of \_\_\_\_\_ Physician:

Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

**PART 5 – SIGNATURE**

The form must be signed by you and by two qualified witnesses, or acknowledged before a notary public.

**SIGNATURE:**

Sign and date the form here:

Date: \_\_\_\_\_ Time: \_\_\_\_\_ AM / PM

Signature: \_\_\_\_\_  
(patient)

Print name: \_\_\_\_\_  
(patient)

Address: \_\_\_\_\_

**STATEMENT OF WITNESSES:**

I declare under penalty of perjury under the laws of California (1) that the individual who signed or acknowledged this advance health care directive is personally known to me, or that the individual's identity was proven to me by convincing evidence, (2) that the individual signed or acknowledged this advance directive in my presence, (3) that the individual appears to be of sound mind and under no duress, fraud, or undue influence, (4) that I am not a person appointed as agent by this advance directive, and (5) that I am not the individual's health care provider, an employee of the individual's health care provider, the operator of a community care facility, an employee of an operator of a community care facility, the operator of a residential care facility for the elderly, nor an employee of an operator of a residential care facility for the elderly.

**FIRST WITNESS**

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ AM / PM

Signature: \_\_\_\_\_  
(witness)

Print name: \_\_\_\_\_  
(witness)

**SECOND WITNESS**

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ AM / PM

Signature: \_\_\_\_\_  
(witness)

Print name: \_\_\_\_\_  
(witness)

**ADDITIONAL STATEMENT OF WITNESSES:**

At least one of the above witnesses must also sign the following declaration:

I further declare under penalty of perjury under the laws of California that I am not related to the individual executing this advance health care directive by blood, marriage, or adoption, and to the best of my knowledge, I am not entitled to any part of the individual's estate upon his or her death under a will now existing or by operation of law.

Date: \_\_\_\_\_ Time: \_\_\_\_\_ AM / PM

Signature: \_\_\_\_\_  
(witness)

Print name: \_\_\_\_\_  
(witness)



A notary public or other officer completing this certificate verifies only the identity of the individual who signed the document to which this certificate is attached, and not the truthfulness, accuracy, or validity of the document.

YOU MAY USE THIS CERTIFICATE OF ACKNOWLEDGMENT BEFORE A NOTARY PUBLIC INSTEAD OF THE STATEMENT OF WITNESSES.

State of California )
County of \_\_\_\_\_ )
\_\_\_\_\_ )

On (date) \_\_\_\_\_ before me, (name and title of the officer) \_\_\_\_\_ personally appeared (name(s) of signer(s)) \_\_\_\_\_, who proved to me on the basis of satisfactory evidence to be the person(s) whose name(s) is/are subscribed to the within instrument and acknowledged to me that he/she/they executed the same in his/her/their authorized capacity(ies), and that by his/her/their signature(s) on the instrument the person(s), or the entity upon behalf of which the person(s) acted, executed the instrument.

I certify under PENALTY OF PERJURY under the laws of the State of California that the foregoing paragraph is true and correct.

WITNESS my hand and official seal. [Civil Code Section 1189]

Signature: \_\_\_\_\_ [Seal]
(notary)

PART 6 – SPECIAL WITNESS REQUIREMENT

If you are a patient in a skilled nursing facility, the patient advocate or ombudsman must sign the following statement:

STATEMENT OF PATIENT ADVOCATE OR OMBUDSMAN

I declare under penalty of perjury under the laws of California that I am a patient advocate or ombudsman as designated by the State Department of Aging and that I am serving as a witness as required by Section 4675 of the Probate Code.

Date: \_\_\_\_\_ Time: \_\_\_\_\_ AM / PM

Signature: \_\_\_\_\_
(patient advocate or ombudsman)

Print name: \_\_\_\_\_
(patient advocate or ombudsman)

Address: \_\_\_\_\_
\_\_\_\_\_