

NEWPORT BEACH

Oncology Support and Education Services



SUPPORT GROUPS

Bladder Cancer Support Group

3rd Tuesday, 1-2:30PM, Conference Rm A
Every other month: February, April, June, August, October, December

Brain Tumor Support Group

3rd Wednesday, 3-4:30 PM, Hoag NB Conference Center, 3rd floor

Breast Cancer Support Group

4th Monday, 12-1:30 PM, Conference Rm A

Metastatic Breast Cancer Support Group

4th Wednesday, 2-3:30PM, Conference Rm B

Young Women's Breast Cancer Support Group

3rd Monday, 6-7:30 PM, Conference Rm A

Gastrointestinal Cancer Support Group

4th Thursday, 2-3:30 PM, Conference Rm A

Gynecologic Cancer Support Group

1st Monday, 1-2:30 PM, Conference Rm A

Kidney Cancer Support Group

2nd Monday, 1-2:30 PM, Conference Rm A
Every other month: - February, April, June, August, October, December

Lung Cancer Support Group

2nd Wednesday, 6-7:30 PM, Conference Rm A

Oral, Head & Neck Cancer Support Group (SPOHNC-Hoag)

2nd Monday, 6-7:30 PM, Conference Rm A

Prostate Cancer Education & Support Group (PACT- Man)

1st Wednesday, 6-7:30 PM, Conference Rm A
Every other month – February, April, June, August, October, December

Recurrent and Metastatic Support Group

3rd Tuesday, 5-6:30 PM, Conference Rm A

Bereavement Support Group

Wednesdays, weekly, 5:30-7 PM, Conference Rm B

EDUCATION

***Breast Cancer**

Orientation Class

This class provides important information tailored to the unique concerns of newly diagnosed breast cancer patients. Meet with the Nurse Navigator to receive guidance on medical concerns.

3rd Thursday, 2-3:30 PM

Conference Room B

Online registration required

***Head & Neck Cancer Orientation**

Facilitated by a nurse navigator to provide information regarding treatment, resources, support services as well as a discussion with a panel of former Hoag patients to assist newly diagnosed patients and their families through their cancer journey.

4th Wednesday, 4-5:30PM

Conference Room A

To register please call:

949-764-1945

Lymphedema Workshop

Minimizing your risk of Lymphedema exacerbation.

1st Tuesday, 2-3:00 PM

Conference Room A

***New Patient Orientation**

Overview of Hoag Family Cancer Institute including information on supportive services and programs available to you, coping with a new diagnosis and resources on health care team and roles.

3rd Tuesday, 11-12:30 PM

Conference Room A

Online registration required

Patty & George Hoag Cancer Center
1 Hoag Drive, Newport Beach, CA 92663
949-7-CANCER

***To register visit www.hoag.org/cancer-classes**



NEWPORT BEACH

Oncology Support and Education Services



SUPPORTIVE COUNSELING

Complimentary individual and family counseling appointments are available with our oncology social worker to assist you and your family with emotional, psychosocial and practical needs.

By appointment only. Call 949-764-1870

BODY, MIND & SPIRIT

Brighter Image

Free professional consultation to assist Hoag patients with wigs, scarves, and hats. By appointment only. Call 949-764-5542

Nutrition Services

The dietician team is dedicated to helping patients meet their nutritional goals and understand the valuable relationship between good nutrition and health. Call 949-764-8369.

Oncology Massage

For patients who are in active treatment and up to 3 months post treatment. \$35 for a 45 minute massage by certified massage therapist. By appointment only. Call 949-722-6237 to schedule

Reiki Circle

1st and 3rd Friday, Cancer Center Auditorium
By appointment only. Call 949-722-6237

Patty & George Hoag Cancer Center
1 Hoag Drive, Newport Beach, CA 92663
949-7-CANCER

*To register visit www.hoag.org/cancer-classes

EVENTS AND WORKSHOPS

*Creative Expressions Art Workshops

Workshops that utilize different art mediums at each meeting. No skillset required. Patients, family and support persons are welcome.

Registration required.

*Free-Flow Writing Workshop

A workshop designed to teach free writing techniques providing a time of supportive sharing that will encourage therapeutic effects as well as a cathartic release of emotions, stress and anxiety. **Registration required.**

*Healthy Eating Classes

An interactive healthy cooking class and demonstration for cancer survivors, family and support persons. Offers tasters and take-home recipes.

Registration required.

*Open Studio

Provides an outlet to create meaningful projects focused on the freedom to create and achieve relaxation through art and craft exploration. **Registration required**

*Skin Care During Treatment

Offered by Hoag Dermatologist, Dr. Dore Gilbert. Focused on ways to maximize health of skin and nails during cancer treatment. Open to individuals in active treatment or those who have recently completed treatment. **Registration required.**