

## BONE DENSITOMETRY PATIENT HISTORY QUESTIONNAIRE

### Breast Care Center

Patient Name: \_\_\_\_\_ Ordering Physician: \_\_\_\_\_

Is there any chance that you could be pregnant? ☐ Yes ☐ No

Have you had a barium X-ray or an injection of X-ray dye in the last 10 days? ☐ Yes ☐ No

Have you had a CT with contrast or a Nuclear Medicine test in the last 10 days? ☐ Yes ☐ No

**If you answered yes to any of the questions above, please speak to our receptionist.**

Ethnicity (For WHO reference population): ☐ Asian ☐ African American ☐ Caucasian ☐ Hispanic ☐ Other: \_\_\_\_\_

Current Height: \_\_\_\_\_ Your tallest height (young adult): \_\_\_\_\_

Have you ever had a bone densitometry exam? ☐ Yes ☐ No

If yes, please state location and approximate date: \_\_\_\_\_

Have you broken any bones as an adult? ☐ Yes ☐ No

If yes, please list: \_\_\_\_\_

Have you ever fractured your spine? ☐ Yes ☐ No If yes, was it the: ☐ Cervical ☐ Thoracic ☐ Lumbar

Have you ever had spine surgery? ☐ Yes ☐ No If yes, was it the: ☐ Cervical ☐ Thoracic ☐ Lumbar

If yes, what type of surgery? ☐ Fusion ☐ Discectomy ☐ Laminectomy ☐ Laminotomy ☐ Other: \_\_\_\_\_

Have you ever fractured your femur(s)/hip(s)? ☐ Yes ☐ No If yes, was it the: ☐ Right ☐ Left ☐ Both

Have you ever had femur/hip surgery? ☐ Yes ☐ No If yes, was it the: ☐ Right ☐ Left ☐ Both

Have you ever fractured your wrist(s)/forearm(s)? ☐ Yes ☐ No If yes, was it the: ☐ Right ☐ Left ☐ Both

Have you ever had wrist/forearm surgery? ☐ Yes ☐ No If yes, was it the: ☐ Right ☐ Left ☐ Both

Please list any chronic medical conditions that you have: \_\_\_\_\_

Have you ever had any type of cancer? ☐ Yes ☐ No If yes, please list: \_\_\_\_\_

Do you smoke or use tobacco? ☐ Yes ☐ No If no, have you used it in the past? ☐ Yes ☐ No

Do you take calcium supplements? ☐ Yes ☐ No If yes, how much? \_\_\_\_\_

Do you take vitamin D supplements? ☐ Yes ☐ No If yes, how much? \_\_\_\_\_

#### **For Women:**

Are you still having menstrual periods? ☐ Yes ☐ No If no, at what age did they stop? \_\_\_\_\_

Have you had a hysterectomy? ☐ Yes ☐ No If yes, at what age? \_\_\_\_\_

Have you had your ovaries removed? ☐ Yes ☐ No If yes, at what age? \_\_\_\_\_

#### **Patient Health History**



Please check **Yes** or **No** to the following indications:

Alcoholism ☐ Yes ☐ No  
 Amenorrhea ☐ Yes ☐ No  
 Anorexia/Bulimia ☐ Yes ☐ No  
 Anticonvulsant ☐ Yes ☐ No  
 Arthritis: Osteoarthritis ☐ Yes ☐ No  
     Psoriatic Arthritis ☐ Yes ☐ No  
     Rheumatoid Arthritis ☐ Yes ☐ No  
 Chemotherapy/Radiation ☐ Yes ☐ No  
 Dementia ☐ Yes ☐ No  
 Diabetes ☐ Yes ☐ No  
 Family History of Osteoporosis ☐ Yes ☐ No  
 GERD (Reflux) ☐ Yes ☐ No  
 Graves Disease ☐ Yes ☐ No  
 Hypercalcemia ☐ Yes ☐ No

Hyperparathyroidism ☐ Yes ☐ No  
 Hyperthyroidism (overactive) ☐ Yes ☐ No  
 Hypothyroidism (underactive) ☐ Yes ☐ No  
 Kidney Transplant ☐ Yes ☐ No  
 Kyphosis ☐ Yes ☐ No  
 Osteopenia (Low Bone Mass) ☐ Yes ☐ No  
 Osteoporosis ☐ Yes ☐ No  
 Parent Hip Fracture ☐ Yes ☐ No  
 Steroid Use ☐ Yes ☐ No  
     If yes, chronic or as needed? \_\_\_\_\_  
     If yes, inhaled or oral? \_\_\_\_\_  
 Thyroid Medications ☐ Yes ☐ No  
 Thyroidectomy ☐ Yes ☐ No  
 Vitamin D Deficiency ☐ Yes ☐ No

Have you ever been treated with any of the following medications? ☐ Yes ☐ No

If yes:	Currently?	In the past?	For how long?
ERT/HRT (Hormone Replacement)			
Actonel/Atelvia/Risedronate			
Aredia/Intravenous Pamidronate			
Bonefos/Clodronate/Ostac			
Boniva/Ibandronate			
Evenity/Romosozumab			
Evista/Raloxifene			
Forteo/Tymlos/Abaloparatide			
Fosamax/Alendronate			
Miacalcin/Fortical/Calcitonin			
Prolia/Xgeva/Denosumab			
Reclast/Zometa/Zoledronic Acid			
Strontium			

Patient/Legal Representative Signature: \_\_\_\_\_ Date/Time: \_\_\_\_\_

If signed by other than patient, indicate relationship: \_\_\_\_\_

Print Name (Legal Representative): \_\_\_\_\_