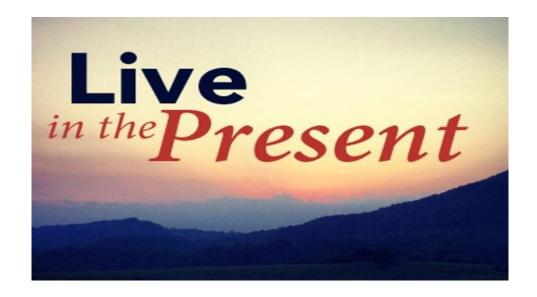
The Road to Live in the Present Moment!

Learn mindfulness strategies to live life in the fullest.



Monday, January 29th, 5:00 to 7:PM The workshop will be facilitated in FARSI.

Open to adults 18 and older To Register, please call: 949-764-6542



307 Placentia Ave. Newport Beach, CA 92663